SEXUAL HEALTH SURVEY OF CANADIAN UNIVERSITY STUDENTS

We asked Canadian university students about their sexual behaviours and condom use. This is what they said...

**QUESTION:** Are you concerned about the increase in STI rates in Canada?

**YOU TOLD US:** About 60% of students said they were “not very” or “not at all” concerned about getting an STI. 🙈😭

**DID YOU KNOW:** Rates of common STIs are highest among 20-24-year-olds. From 2007 to 2016, chlamydia rates rose 51% among men and 40% among women. Gonorrhea rates rose 59% among men and 37% among women.¹

**YOUR SEXUAL HEALTH MATTERS, PRACTICE SAFER SEX!**

**QUESTION:** How often do you use condoms?

**YOU TOLD US:** 60% of men and 46% of women used a condom during their last penis-vagina intercourse (PVI).†

**DID YOU KNOW:** Overall, about half of university students didn’t use a condom the last time they had PVI. This means that many Canadian university students are at high risk for an STI.

**MAKE SURE YOU KNOW THE FACTS FOR A HAPPIER, HEALTHIER SEX LIFE.**

**EXPLORATION WITH CONFIDENCE**

Condoms available at your campus clinic.

**QUESTION:** Is it true that condom use can limit my pleasure during sex?

**YOU TOLD US:** There was NO difference between condom users and non-users who said their last PVI was “very pleasurable”.

**DID YOU KNOW:** When used correctly, condoms are 98% effective in preventing pregnancy AND they reduce the risk of getting STIs.‡

**CONDOMS ARE MORE THAN JUST BIRTH CONTROL.**

**QUESTION:** What’s the primary reason you use a condom?

**YOU TOLD US:** 46% of students said that the main reason they used a condom was for birth control and only 16% used condoms mainly for STI prevention.*

**DID YOU KNOW:** Using condoms can enhance pleasure by providing the peace of mind of knowing that you are protected against STIs and unplanned pregnancy.

**CONDOMS DON’T MEAN LESS PLEASURE!**

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*Commissioned by TROJAN™, a survey of Canadian university students varying in sexual orientation, was designed by Sawtooth Research and Education Council of Canada (SIECCAN) and the University of British Columbia. Findings are based on data from 1,171 young adults aged 18 to 24 from more than 50 universities across Canada, who completed a 64-item online survey in Jan-Feb 2019.
