

GETTING BACK OUT THERE: TIME FOR A SEXUAL HEALTH CHECKUP

THE COVID-19 VACCINE: PART OF SAFER SEX!

**BEING FULLY VACCINATED CAN REDUCE
YOUR RISK OF GETTING OR PASSING COVID-19**

Unless you and your partner(s) are fully vaccinated, being in close contact with someone who has COVID-19 is high risk, whether you engage in sexual activity or not.

If you or your sex partner(s) cannot be vaccinated, discuss other COVID-19 risk reduction strategies (e.g., avoiding sex when you are sick, only having sex with each other, virtual dates).

**TALK WITH YOUR SEX
PARTNER(S) ABOUT COVID-19
VACCINATION STATUS.**

RELATIONSHIPS

**CONSENT FOR ANY
SEXUAL ACTIVITY
IS NEEDED FROM
ALL PARTNERS.**

**Talk to your partner(s)
about your sexual and
emotional boundaries.**

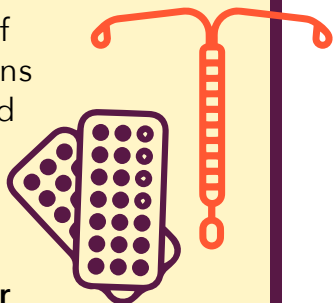


REPRODUCTIVE HEALTH

Pap tests are used to screen for cervical cancer. During the pandemic, Pap tests may have been delayed or rescheduled.

There are a range of contraceptive options to prevent unwanted pregnancies.

**Talk to your
healthcare
provider about your
reproductive health care needs.**



SEXUALLY TRANSMITTED INFECTIONS (STIs)

- It may have been a while since you had an STI test. Talk to your healthcare provider to see what you need.
- Using a barrier (e.g., condom or dental dam) during sex can reduce the risk of getting or passing an STI.
- The HPV vaccine can reduce your risk of getting HPV-related cancers and genital warts.
- PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis) can help prevent HIV.



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