

Celebrating LGBTQ+ Sexual Health & Wellbeing



SIECCAN and Trojan asked **1500** 18- to 24-year-old students attending universities in Canada about their sexual health and well-being.

26% IDENTIFIED AS LGBTQ+

PRIDE 2022

SEXUAL HEALTH AND WELLBEING

Among LGBTQ+ people in our survey:

76%
say they are happy with their sexual life

84%
say their sexual health is good, very good, or excellent

IMPORTANCE OF PLEASURE

78.5%
agreed with the statement:
"experiencing sexual pleasure is important to me"

73%
agreed with the statement:
"experiencing sexual pleasure with a partner is important to me"

LET'S TALK ABOUT SEX

62%
said they talk with their partner about their sexual preferences frequently or very frequently

Talking with a partner about sexual preferences more often was linked to higher levels of sexual satisfaction in the primary relationship.



sieccan

Sex Information & Education Council of Canada
Conseil d'information & d'éducation sexuelles du Canada


TROJAN™
BRAND CONDOMS

SATISFACTION IN PRIMARY RELATIONSHIPS

89%
are satisfied with their primary relationship

80%
are sexually satisfied with their primary relationship

The majority said they are happy and satisfied in their sexual lives and relationship

EXPERIENCE OF PLEASURE

Among those who answered questions about their most recent sexual encounter with a partner:

90%
who received oral sex said their experience was pleasurable

75%
who had anal sex said their experience was pleasurable

86%
who had penis vagina sex said their experience was pleasurable

MAINTAINING SEXUAL HEALTH

- 1 Engage in safer sex practices (e.g., using a condom or dental dam)
- 2 Get tested regularly for HIV and STIs
- 3 Talk with a healthcare provider about your sexual health needs

Notes: In this research LGBTQ+ is inclusive of any participant who identified as lesbian, gay, bisexual, pansexual, queer, questioning or any other diverse sexual orientation and/or, trans, nonbinary, agender, and other gender diverse identities. No participants identified as Two Spirit in this study. This cross-sectional research was conducted in 2022. The survey was commissioned by Trojan. The survey was designed by researchers at SIECCAN, University of Guelph, and Memorial University. Data was collected by Leger, a professional market research company. All analyses exclude participants who chose "I don't know/prefer not to answer."