

# Celebrating LGBTQ+ Sexual Health & Wellbeing

# PRIDE 2022

SIECCAN and Trojan asked **1500** 18- to 24-year-old students attending universities in Canada about their sexual health and well-being.

**26% IDENTIFIED AS LGBTQ+**

## SEXUAL HEALTH AND WELLBEING

Among LGBTQ+ people in our survey:

**76%**  
say they are happy with their sexual life

**84%**  
say their sexual health is good, very good, or excellent

## SATISFACTION IN PRIMARY RELATIONSHIPS

**89%**  
are satisfied with their primary relationship

**80%**  
are sexually satisfied with their primary relationship

The majority said they are happy and satisfied in their sexual lives and relationship

## IMPORTANCE OF PLEASURE

**78.5%**  
agreed with the statement:  
*"experiencing sexual pleasure is important to me"*

**73%**  
agreed with the statement:  
*"experiencing sexual pleasure with a partner is important to me"*

## EXPERIENCE OF PLEASURE

Among those who answered questions about their most recent sexual encounter with a partner:

**90%**  
who received oral sex said their experience was pleasurable

**75%**  
who had anal sex said their experience was pleasurable

**86%**  
who had penis vagina sex said their experience was pleasurable

## LET'S TALK ABOUT SEX

**62%**  
said they talk with their partner about their sexual preferences frequently or very frequently

Talking with a partner about sexual preferences more often was linked to higher levels of sexual satisfaction in the primary relationship.

**sieccan**

Sex Information & Education Council of Canada  
Conseil d'information & d'éducation sexuelles du Canada

**TROJAN**  
BRAND CONDOMS

## MAINTAINING SEXUAL HEALTH

- 1** Engage in safer sex practices (e.g., using a condom or dental dam)
- 2** Get tested regularly for HIV and STIs
- 3** Talk with a healthcare provider about your sexual health needs

**Notes:** In this research LGBTQ+ is inclusive of any participant who identified as lesbian, gay, bisexual, pansexual, queer, questioning or any other diverse sexual orientation and/or, trans, nonbinary, agender, and other gender diverse identities. No participants identified as Two Spirit in this study. This cross-sectional research was conducted in 2022. The survey was commissioned by Trojan. The survey was designed by researchers at SIECCAN, University of Guelph, and Memorial University. Data was collected by Leger, a professional market research company. All analyses exclude participants who chose "I don't know/prefer not to answer."